

How School-Based Health Centers Intersect Arkansas Healthcare System Reform: Patient-Centered Medical Homes

School-Based Health Centers (SBHC) provide a wide-range of health services, conveniently located to where children spend a large portion of their day and are in a unique position to amplify the state's transformation efforts.

The Arkansas Health Care Payment Improvement Initiative (AHCPII) is one of several initiatives implemented to achieve the triple aim of (1) improving the health of the population; (2) enhancing the patient experience of care, including quality, access and reliability; and (3) reducing, or at least controlling, the cost of health care. At the heart of this multi-payer, statewide initiative is establishment of the Patient-Centered Medical Home (PCMH) concept designed to help patients lead healthier, more productive lives through delivery of high quality, well-coordinated, value-based care.

Many of the SBHC core competencies complement and support the PCMH model, much like satellite offices and practice networks do for private practice.

Key Attributes of the Arkansas Patient-Centered Medical Home

- Providers with responsibility for entire care experience of patient panel
- Evidence-informed preventive care and improved wellness
- 24/7 access to live assistance / Same day appointments
- Networked electronic medical records
- Coordinated/integrated care across multidisciplinary provider teams
- Focus on management of chronic disease with avoided progression
- Referrals to high-value providers (e.g., specialists)

Patient-Centered Medical Home Incentives

- Monthly per-member payments support care coordination efforts and practice transformation
- Upside-only shared-savings model that financially rewards providers for controlling total patient costs while maintaining or improving quality

Implementation Progress¹

- Now in its third year of implementation, the PCMH program has demonstrated improvements in quality, including increased pediatric wellness visits, Hemoglobin A1c testing, breast cancer screenings, improved Attention Deficit Hyperactive Disorder (ADHD) management, and thyroid medication management
- Approximately 200 Arkansas primary care practices are currently enrolled and transforming to the PCMH model

School-Based Health Centers Core Competencies Support the Arkansas Patient-Centered Medical Home Model²

- Increased accessibility to support same-day appointments and implementation of after-hours care system
- Linkages to an array of services, including behavioral health, oral health, reproductive health, nutrition education, and health promotion
- Evidence-based standards, including well-care exams, immunizations, management of chronic conditions, patient engagement, increased health literacy, and advancement of population health and preventive services
- Quality improvement and performance evaluations
- Maintaining working relationship with the physician of a child's medical home and assisting in effective and efficient execution of individual patient health plans

References

¹ “Arkansas Health Care Payment Improvement Initiative: 2nd Annual Statewide Tracking Report.” Little Rock, AR: *Arkansas Center for Health Improvement*, January 2016. Accessed at <http://www.achi.net/Docs/338/>.

² “Core Competencies.” Washington, DC: *School-Based Health Alliance*. Accessed February 29, 2016, at <http://www.sbh4all.org/resources/core-competencies>.

Suggested Resources

Arkansas Health Care Payment Improvement Initiative Portal
www.paymentinitiative.org

Arkansas Health Care Payment Improvement Initiative; 2nd Annual Statewide Tracking Report
<http://www.achi.net/Docs/338/>

Arkansas Health Care Payment Improvement Initiative Video
<http://www.achi.net/Pages/OurWork/Project.aspx?ID=81>

Arkansas Health Care Payment Improvement Initiative/PCMH Case Studies
<http://www.achi.net/Pages/OurWork/Project.aspx?ID=120>

Arkansas Department of Education Grant Funding
<http://www.arkansased.gov/divisions/learning-services/school-health-services/school-based-health-center>



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